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Winter 2010



CRAIG COUNTY EXTENSION

4-H NEWS AND VIEWS

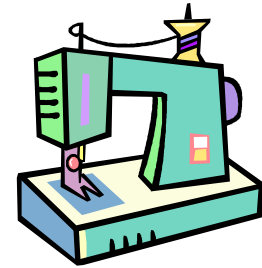


Craig County Extension  
24838 Craig Creek Road  
New Castle VA 24127-0267  
Phone: 540/864-5812 FAX: 540/864-6732  
E-Mail: sfarrell@vt.edu

## 4-H IN WINTER

Try a project this winter in one of these areas:

- Pets
- Livestock
- Horse
- Shooting Sports
- Sewing
- Robotics



**Try a sewing project.  
Learn how to sew and  
make a tote bag.**

## New Castle Senior 4-H Club

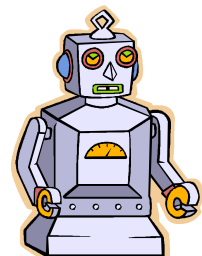
Teens, grades 8 — 12, are eligible to join the Senior 4-H Club. Members perform community service projects such as: Craig County Food Pantry and help with Share-The-Fun Contests. Members are invited to attend the Teen Leadership Congress at Virginia Tech where they meet other 4-H teens from across the state. Teens also serve as camp counselors during Junior 4-H Camp week. Members attended Teen Weekend at the Skelton 4-H Center in November. The club members are planning a ski trip for January. Teens also meet with other teens from 4-H camp several times a year and go to dinner, the movies, and bowling.

If you are interested in joining the club, call the office at 864-5812.

Craig County Extension has a brand new web site. Upcoming programs will be listed on the web site in the coming months. To visit our new site go to:

<http://offices.ext.vt.edu/craig/>

**4-H will be offering a  
winter  
program in  
robotics.**



# Misty Mt. Mane-iacs

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The Misty Mountain Mane-iacs 4-H Club is a horse and pony club for youth that loves horses! You do not have to own a horse to be a member. In fact, there are a number of “horseless” club activities such as: horse judging, horseless horse shows, and hippology (horse knowledge) contests. Club members participated in a trail ride this fall. Mounted meetings are planned this winter at the fairgrounds riding ring, weather permitting. The judging team will start practicing once a week in January. The Misty Mountain Mane-iacs 4-H Club is open to all youth, 9 to 18 years of age. If you are interested in joining the club, please contact Sally Farrell, Craig County 4-H Extension Agent, at 864-5812, or club leader, Kirstann Edwards, at 864-6759.

# 4-H Shooting Stars

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The Craig County 4-H Shooting Stars Club is meeting on Thursday evenings at the VFW Hall from 5:30—7:00 pm. The club is focusing on air pistols and rifles during the winter months. Members will be eligible to compete at the Virginia 4-H Air Gun Contest in the spring. The Friends of the NRA has given the club a grant to purchase shotguns and shooting supplies to be used in upcoming contests. Club leader Gary Greene is in charge of the shooting instruction and needs adult volunteers to assist him with the club. Please call Sally Farrell, 4-H Extension Agent, at 864-5812 for more information.

# Reality Store

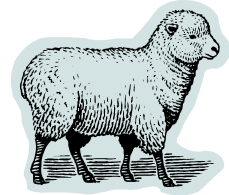
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Craig County 4-H partnered with Craig County Schools, Goodwill Industries, SW Virginia Workforce, and Virginia Western to hold a Reality Store for 7th, 8th, and 10th grade students. The students selected a career and a family size. The students then had to visit 20 different stations and pay their bills. Students who successfully paid all their bills were rewarded with a large star. Many students were surprised by the costs of childcare and groceries for their family. The program will be conducted again next year and many students indicated that they will change their choice of careers and reduce their family size in order to pay all of their bills.

# 4-H Livestock Club

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Club members completed their 2009 show season at the Virginia State Fair. Members will be showing hogs and sheep and competing in judging contests during the 2010 show season. You do not have to own an animal to compete in the livestock show because there is a non-ownership division that youth can compete in if they work at least four hours with the animal they are showing. The first educational event will be Swine Education Day held on Saturday, February 27, 2010 at Virginia Tech. Members will then compete at The Block & Bridle Stockmens, Meats, and Livestock Judging Contest to be held at Virginia Tech on March 26—27, 2010. If you are interested in joining the livestock club, please call Sally Farrell, 4-H Agent, at 864-6850.



# New Programs Offered During The Fall

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This fall Craig County 4-H will offer four short programs to give youth, ages 9—18, an opportunity to explore two different projects in Robotics and Rocketry. There will be a \$10 charge for the rocketry classes to offset the costs of materials. Each class will run for three consecutive weeks for a 1½ hours each meeting. The classes will meet at the Extension Office. The information on each class is as follows:

## Robotics -

4-Hers will be given the opportunity to learn about programming the NXT Robot to perform tasks. The NXT robot uses a computer to program its movements. Participants will learn how to use the ultrasonic, light, sound, and touch sensors in programming the robot. The class is limited to six 4-Hers.

## Basic Sewing -

4-Hers will be given the opportunity to learn basic sewing techniques with the Singer sewing machine. Participants will make a tote bag. This class is limited to six 4-Hers and there is a \$10 fee for materials.

If school is cancelled for inclement weather, the class will be cancelled and rescheduled for the following week.

Sign-up for Winter 4-H Programs and return to:

VCE – Craig County  
24838 Craig Creek Road  
New Castle, VA 24127

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

I am interested in attending:

\_\_\_\_\_ Robotics (January 6, 13, 20 @ 3:30—5:00 pm)

\_\_\_\_\_ Sewing (January 4, 11, 18 @ 3:30—5:00 pm) Cost \$10



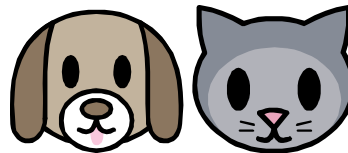
### CRAIG COUNTY EXTENSION

Sally Farrell  
4-H Youth Development  
24838 Craigs Creek Road  
New Castle, VA 24127

Phone: 540-864-5812  
Fax: 540-864-6732  
Email: sfarrell@vt.edu

# Want to Join the 4-H Pet Club?

If you are interesting in learning about pets and training your pet, then the pet club is for you! The Pet Club holds monthly meetings after school in McCleary Elementary School. Pet Club members marched in the New Castle Christmas Parade and have a visit to Angels of Assisi Animal Shelter planned. Dog training classes will be scheduled for this spring. If you would like to join this club, please call the extension office at 864-5812.



## 4-H In the Schools

4-H is again in the schools! We practiced archery with middle school and 10th grade students this fall. Archery will resume again in the spring. Science activities are being conducted in grades 4th—8th grade. Spring time will bring fishing for the 6th—9th grade students. A middle school dance was hosted by Craig County 4-H in November and another dance is planned for this winter. So stay tuned for more 4-H fun!

## Volunteers Needed!

Adult volunteers are always needed to help with the 4-H programming in the community. If you have an interest in any of the current programs or have an idea for a new program then please call the Extension Office at 864-5812.

If you are a person with a disability and require any auxiliary aids, services, or other accommodations, please identify your accommodation needs to your local Extension Office at 540/864-5812 at least five business days prior to an event.



## Virginia Cooperative Extension

A partnership of Virginia Tech and Virginia State University [www.ext.vt.edu](http://www.ext.vt.edu)



VIRGINIA STATE UNIVERSITY

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