



news

Hanover County 4-H NEWS

Summer 2010

WHEP AND OLS 4-H CLUB

By Susan Nepomuceno

What are WHEP and OLS? Is it code for What Happens to Egg Plants and Orange Light Shoes? Not by any stretch of the imagination. WHEP is Wildlife Habitat Evaluation Program and OLS is Outdoor Living Skills, and the focus of a new 4-H Club forming in Hanover County for this year.

Members will learn what makes a healthy wildlife habitat in our county and state, as well as other sections of the United States. Learn to identify native trees, plants, birds, mammals, reptiles, insects, and more. Also learn how

they interact to make a healthy environment. Learn about leave no trace hiking and camping practices, as we visit local and state parks.

Joining the program means you can participate in 4-H WHEP events and camps, communication arts events to develop effective communication skills, 4-H Day at the State Capital, community service projects and programs, and field trips.

So, if these are skills that you want to learn then contact the Hanover 4-H office at 804-752-4310 to learn more. This club will begin this September, but you need to call so we can finalize plans for the coming year. Parents or parental guardians are encouraged and welcome to join the fun and learning. 4-H is fun for the entire family!



INSIDE this issue

**SPIRIT OF YOUTH VOLUNTEER
SERVICE AWARD**

**ROCKY RIDGE RIDERS
CLUB SHOW**

DISTRICT HORSE SHOW

**SHARE THE FUN
DISTRICT CONTEST**

**KITCHEN GARDEN
AT SCOTCHTOWN**

**BAILEY HERBERT:
PHOTOGRAPHER**

**NEVER KNOW WHAT
YOU WILL GET!**

SCRAPBOOKING DAY

Please submit information for the Fall 4-H Newsletter to rjschalk@vt.edu by September 31, 2010.

SPIRIT OF YOUTH VOLUNTEER SERVICE AWARD

Submitted from Rocky Ridge Riders

Galloping Acres therapeutic riding was nominated for the Spirit of Youth Volunteer of the year award of Hanover County. Although they didn't win, it was still a huge honor to be nominated. I know that all of the volunteers work very hard and are much appreciated.

The volunteers work their tails off once a week for two straight hours! That brings their total amount of hours to 75 hours a year. They also help with additional volunteering at TRAV and Special Olympics.

I think it is great that they were nominated. They really do grow a bond with these kids and love working

with them. I know no one else that works as hard as they do and I know that this nomination really made them feel appreciated and happy.



ROCKY RIDGE RIDERS CLUB SHOW

By Shannan Ballance, Rocky Ridge Riders 4-H

In April, we had one of our Rocky Ridge Riders club shows. At this show we took a new approach and decided to recycle and collect canned food for the food bank. It was a great success.

The food bank has been in need of more canned goods lately, and any can

counts. The Rocky Ridge Riders 4-H club decided to help and make a difference. Everyone that came to the show donated a few cans which contributed to a big box full. It was a success and we collected many cans to donate to the food bank.

The world has also been

going green, so Rocky Ridge Riders helped to pitch in and make a change. We collected all the recyclables at our club show. We ended up collecting a whole recycle bin of recyclables. It's so great for everyone to help out in their community and make a change.





4-H District Horse Show By Madison Goodman, Great Strides 4-H

I just want to thank the volunteers at the 4-H District Horse Show on May 16, 2010 at Dorey Park. It was a great day for Secret and me because we received "Champion" for Junior Pleasure pony. I've had to work very hard with my pony because she is "green", but she was very good that day and I am very proud of her. Thanks again to everyone that helped make it a great show!

Share-the-Fun District Contest By Madison and Marley Goodman, Great Strides 4-H

Both sisters represented Hanover County at Jamestown 4-H Center. They also did "Fashion Review". Both girls brought home blue ribbons and had a lot of fun. They both hope next year more 4-H members will participate with them.



KITCHEN GARDEN AT SCOTCHTOWN

By Emily & Erika Kurtzweil, South Anna 4-H

Last fall, we talked to Ann Reid, Historical Leader at Scotchtown, about planting a kitchen garden. This spring we made the idea come to life. We worked with Ann to agree on a place between the house and the kitchen that the garden could be located. Then, our dad tilled the ground and that is where the real fun started. Since this was ground previously untilled, there were numerous artifacts, including broken china, nails, pieces of glass, metal pieces we couldn't identify, bricks, coal, a shoe buckle and various other items. All of these items were saved, and will be

identified and dated. Ann said she thinks some of the pieces are 18th century so that will be really cool as we find out what the artifact expert has to say. We were getting excited and nervous since there has always been the tale that Patrick Henry's first wife is buried by the lilac bushes and our garden isn't too far away.

Once we had the garden tilled, Ann said there were some bricks laying around the grounds at Scotchtown that we could use if we wanted. We decided to outline the garden with them and then created walking paths in the garden to make

four different sections in which to plant seeds. Our final garden will have sunflowers, lettuce, garlic, fennel, thyme, chives, potatoes, green beans, carrots, radishes, potatoes, spinach, corn and onions.

In looking at 18th century cookbooks it was interesting to discover that they really grew a lot of the same things we do today. This project has shown us that it is good to stay connected with our past. Hopefully, our plants will continue to do well as the summer progresses. Please make sure to check out the garden on your next trip to Scotchtown.

BAILEY HERBERT: PHOTOGRAPHER!

By Bailey Herbert, South Anna 4-H

In the last newsletter, I informed you of my fundraisers of taking pet photos at the Ashland Feed Store at Halloween and Christmas, which raised money for the South Anna 4-H. Being Team

Captain for our local Relay for Life, I needed to think of a profitable fundraiser for the American Cancer Society. Again, I was able to take pet photos at Easter time, this time donating the money to my Relay team.

Taking these photos led to other photography opportunities as well. My local lacrosse team wanted to have professional photos taken, but a professional was not available. The team parent-coordinator knew that I had been taking photos as part of my 4-H project, and approached me with the opportunity to take the team photo. I sold team packages of the photos and shot 19 individual photos. The girls told me they really enjoyed having the pictures taken by me because I allowed them to choose poses and view the photos before printing. I

even had additional orders requested by some parents who thought the pictures were great!

I have learned many things with these opportunities. The lighting plays a key role in the picture, especially when outside. A sunny day may actually be worse than a cloudy day in taking pictures because of the shadows it casts. Also, when not in a studio, you have to pay close attention to what is in the background, and what would make a good background.

I also have been asked to take team photos for a local softball team the first weekend in June. Although a portion of the proceeds will be donated to the softball league, the remainder of the profits will be used to purchase (or help fund) new camera equipment!



BAILEY'S PHOTOGRAPHY



NEVER KNOW WHAT YOU WILL GET!

By Gretchen Ashauer, South Anna 4-H

It seems like taking my project pony to State is never a sure thing. Two years ago, my pony had two different medical conditions so that I had to recondition her twice between District Qualifying and State. This year isn't off to a good start either. On Wednesday, June 2nd, my pony, Izzie, went through a colic. That morning, Izzie was perfectly fine and showed no signs of distress. When Tim came out to the barn at 3:30p.m., he looked at Izzie and the look in her eyes told him she needed help. She followed him along the fence and into the barn. When she got into her indoor area, she fell to the floor. After a few minutes, she got up and he tried to take her to her stall. She was so out of it that she went to another horse's stall. He quickly helped her out of the stall and to her own. She went back down on the floor

rolling and kicking so much that there was no way to try and comfort her without being hurt. He called his wife, Debbie, my 4-H leader, and she called the vet.

When the vet arrived, he gave a rectal exam. My sweet Izzie was in so much pain that her first sedation only lasted about fifteen minutes. They gave another, finished the exam, and trailered her over to Woodside at 6:00. When they arrived, Izzie was given an ultrasound which showed that she had a strangulated lipoma in her small intestine. They drew fluid from her intestine to check. For the fluid to be normal, it would've been clear or a slight yellowish tint. Instead, it was a pinkish color. After Izzie reared and showed much pain, they drugged her and decided to operate immediately.

At 6:45, Izzie was in the operating room. When the surgeon finished, he had removed the tumor and three feet of her small intestine. Eighteen inches of the intestine were completely dead, but the surgeon decided to remove three feet just to be safe. Debbie called me while she was in surgery. We were both so scared and sad so we talked and talked about our good girl. Izzie survived her operation and woke up at 12:30 a.m.

I visited her in the evenings and she looked so sore and upset. She came home on Thursday, June 10 and seemed so much happier and healthier. Izzie will be on stall rest for thirty days, with hand grazing daily. We can start doing light work again in early August. If everything works out, I'll tell you all about it at State!

SCRAPBOOK DAY

Come spend a day scrapbooking (or working on other paper crafts) with friends to benefit Montpelier Horseketeers 4-H Riding Club! The event will be held Saturday, August 21st from 9 am to 7 pm at the Beaverdam Ruritan Clubhouse (18002 Teman Road).

Fee: \$35 per person full day (children working with parents are an additional \$10 fee). \$20 per person ½ day. Your fee includes breakfast, lunch and dinner; 5' of table workspace; instructional handouts; access to tools (cutting system and punches) and idea books; and hourly door prizes.

- If you're an experienced scrapbooker/crafter, bring whatever projects you're working on! If you need to pre-order supplies for that day, please contact Michelle Quigley (227-9917 or mnsquigley@aol.com) by August 5th to guarantee their availability.
- If you're a new scrapbooker, bring pictures to get started. Creative Memories products will be available for purchase. Please contact Michelle ahead of time to discuss your needs.



To register, send your check, payable to Montpelier Horseketeers, to Katina Blackstone (16741 Bar-B Lane, Beaverdam, VA 23015). Space is limited; register early to secure your spot!