

# KING & QUEEN AND KING WILLIAM 4-H NEWSLETTER

Fall Issue 2009

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**Catherine Short**

Catherine Short, Extension Agent  
4-H Youth Development  
King & Queen and King William  
Counties

## FANTASTIC FUN AT 4-H CAMP 2009!

King William and King & Queen County 4-H would like to thank the donors, volunteers, parents and campers who made 4-H camp possible this year. This year we filled our quota with 39 campers and 8 teen counselors. That brought the total campers to 200 from the middle peninsula camp cluster. Camp was held at the Jamestown 4-H Educational Conference Center. Campers enjoyed activities such as canoeing, kayaking, swimming, and crafts. There were daily lessons in topics such as performing arts, building wind chimes, marine science, making pens on a lathe, veterinary science, archery, and outdoor living skills, and much more. Campers were placed in animal packs and throughout the week they enjoyed activities such as a worlds

fair, a dance, an ice cream festival and a pool party. Daily packs competed for the spirit stick winning points for songs, skits and good deeds. Many of the campers had so much fun that they wished the camp was longer. The middle peninsula camp cluster has already started planning for next year's camp. As the number of youth increases, the need for camp volunteers and community support increases. King William and King & Queen County 4-H would like to send out a special thank you to the Elis Olsson Foundation, Bennett Mineral, Citizens for King William, Wayland Baptist Church, King & Queen Women's Club, Ladies Auxiliary VFW Post 9501, and Emmanuel Episcopal for providing over 2500 dollars in scholarships. The youth who participated

under our scholarship program were truly inspired by the 4-H camping program and your contribution to them was deeply appreciated.



## IF YOU WANT TO STAY ACTIVE DURING THE SCHOOL YEAR . . .

This year we plan to have an explosion of new clubs! That means there are several different kinds of clubs that you can be a part of. The Old Oak Club is our newest club. They are located in upper

King & Queen and do a lot of fun stuff such as visiting farms and learning about animals. Mattaponi 4-H, Cause for Applause, and the Whippoorwill Club are horse oriented clubs. We are looking for some parental

support to start new clubs at Cool Springs, Acquinton and King & Queen Elementary Schools. If you are interested in joining or helping out with these clubs please contact me at 804 769-4957 or 785-5979.

*4-H Motto*

*“To Make the Best Better”*



## 2009 VIRGINIA STATE DOG SHOW SEPTEMBER 26, 2009

This year the 4-H Dog Show will be held at the new Virginia State Fair grounds in Doswell, Virginia. The Theme is Dog Gone Good Times at the fair.

The state show is open to Junior and Senior 4-Hers.

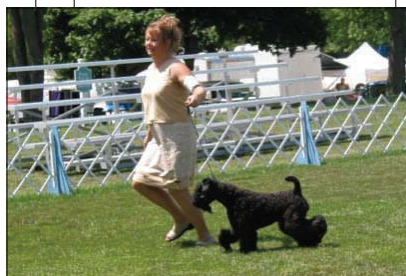
The dog classes include obedience, agility, showmanship and costume. There is also a competition for posters and project books.

Both dog and non dog events have awards and ribbons.

This is an wonderful

opportunity to get involved in 4-H competition. For more information about the dog show please call the extension office at 769-4957 or 785-5979.

*Please Note: Dogs do not have to be purebred to enter in the competition.*



A new dog club will be forming this fall. If you are interested in being a part of this exciting new club call Mrs. Short at 804 769-4957, You do not need to have a dog to be a member.



*“It doesn’t have to be just about the ribbons.*

*It’s about learning and growing together as a team!”*

*Monica Rivara*

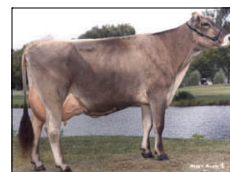
## HORSE CLUBS SAY GIDDYUP!

This year we have three horse clubs. Currently, there are two horse clubs in King William. They are the Mattaponi Horse Club and Cause for Applause. In King & Queen there is the Whippoorwill Horse Club. All three clubs will be sending riders to the State Horse Show this September.

Whippoorwill sent several members to the Southern Regional competition. This competition is for the best of the best. Cause for Applause held a trail ride to raise money for St. Jude’s. The Mattaponi Horse Club held a fundraiser at the River Fest by selling snow cones.



TIME FOR A LITTLE FUN!  
FIGURE OUT THE BREED OF DAIRY COW USING THE KEY BELOW (ANSWER ON BACK PAGE)



Word Bank

Holstein

Jersey

Brown Swiss

Ayrshire

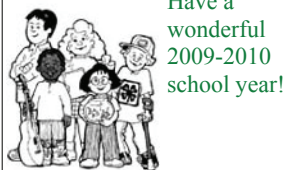
## IN SCHOOL PROGRAMMING

Teachers and students—welcome back! Many of you are familiar with the programs and resources 4-H can offer. 4-H is the state outreach program for our two land grant universities, Virginia Tech and Virginia State University. The program is funded by county and state taxes and is thus free to the schools we serve.

What we offer:  
University designed, reviewed, and field tested curriculum in many areas including the physical sciences, natural resources and environmental

education, communication and expressive arts. Examples of specific curricula offered are: magnetism and electricity scientific method, plants anatomy / Virginia's crops past and present, citizenship Character Counts, embryology, watersheds, and water analysis. We supply equipment and materials such as water testing kits, invertebrate discovery labs, GPS units, Envirosapes, incubators, and environmental field study equipment. Last year 4-H provided grant funding for programs and

classroom equipment totaling over \$3,000. We taught in many classes and provided field trip resources and assembly programs. We provide the resources of two universities in the form of staff, knowledge and materials. For more information contact the Extension office.



More Than You Ever  
**Imagined!**



### 4-H Pledge

I pledge

My HEAD to clearer thinking,  
My HEART to greater loyalty,  
My HANDS to larger service, and  
My HEALTH to better living for my Club, My Community, My Country, and my World.



October 4 — 10

## FROM MRS. SHORT . . .

I wanted to take a moment to thank each and every person who has supported 4-H either in the schools, in the community, or at camp. The teachers at King & Queen Elementary, Lawson Elementary, Acquinton, Cool Springs Primary and Hamilton Holmes Middle School benefited from 4-H lessons helping them to reach their SOL goals. Mr. Bluford did a terrific job at camp and he promises to return next year. A BIG thank you to our club leaders Debbie

Lindenmayer, Anne Draine, Leigh Lee, and Howard Schmidt and to their co-leaders for their time and efforts. 4-H gives youth the opportunity to explore many areas of our world. Through 4-H, youth learn life skills, good character, become active citizens, and develop an understanding of what it means to be a part of our world. I thank each and every 4-Her who has taken part in a 4-H event and look forward to seeing each of you in the near future!



### 4-H Pledge en Español

Prometo A

Mi CABEZA al clarificante que piensa

Mi CORAZÓN a mayor lealtad,

Mis MANOS a un servicio más grande y a

Mi SALUD a una vida mejor, para mi club, mi comunidad, mi país y mi mundo.

Virginia Cooperative Extension, 4-H  
Catherine Short

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**We're on the Web!**  
[www.ext.vt.edu](http://www.ext.vt.edu)



Answers to Dairy Cow Breeds

- Picture 1: Ayrshire
- Picture 2: Holstein
- Picture 3: Brown Swiss
- Picture 4: Jersey

## 4-H Event Calendar

- Sept 17-20      4-H State Horse Show, Lexington, for Youth Ages 9 to 18.
- Sept 24– Oct 4      Virginia State Fair, at The Meadow Event Park  
Doswell, VA for all ages.
- Sept 26      4-H Dog Show, Virginia State Fair, Doswell, VA
- Oct 9— Oct 11      Science Camp, “Out of this World Science”, focuses on encouraging 9-13 year olds to experiment with fun scientific processes in a positive camp atmosphere.
- Nov 14-15      Fall Cloverbud Camp, Theme” Little People Making a Difference in a Big Way”.  
For youth ages 5 to 8 years old will have the opportunity to experience the excitement of overnight camping. Through the many songs, games special programs, classes and campfires experience that camp offers, campers can learn critical life skills such as how to plan ahead, solve problems and work with others while developing a love of the outdoors.
- Dec 4– Dec 6      Teen Weekend, “Come be a part of the fun!” a residential, interactive camping program, will allow youth to participate in hands-on activities that teach leadership, community service and citizenship. Teens will have the opportunity to earn 4 hours of training experience toward the camp counselor training requirements.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in any of these activities, please contact Catherine Short, at 769-4955 during business hours of 8 am to 5 pm to discuss accommodations 5 days prior to the event.

## PUZZLE FOR FUN

### HONEY BEE HIDDEN WORD GAME

The following words are hidden in the puzzle below.  
Look UP, DOWN, ACROSS AND BACKWARDS.

- |        |             |        |        |          |
|--------|-------------|--------|--------|----------|
| Queen  | Nectar      | Comb   | Colony | Hive     |
| Drone  | Beekeeper   | Honey  | Swarm  | Propolis |
| Worker | Pheromone   | Forage | Nurse  | Basket   |
| Pollen | Royal jelly | Egg    | Larva  | Pupa     |

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Q   A   P   D   N   A   N   E   C   T   A   R
E   G   A   R   O   F   L   G   Q   E   V   C
R   L   E   O   C   P   A   G   U   K   H   B
P   Y   E   N   O   H   A   S   T   S   A   E
E   L   N   E   E   U   Q   H   E   A   L   E
P   L   T   Q   V   E   C   O   M   B   A   K
O   E   Q   E   I   W   O   R   K   E   R   E
L   J   U   P   H   E   R   O   M   O   N   E
L   L   S   I   L   O   P   O   R   P   U   P
E   A   A   O   W   K   V   N   A   U   R   E
N   Y   N   O   L   O   C   D   W   P   S   R
L   O   H   I   Q   U   B   O   S   A   E   I
A   R   Y   H   M   N   W   F   R   T   F   G

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