

# Virginia Cooperative Extension

A partnership of Virginia Tech and Virginia State University



## Prince Edward County Office

P.O. Box 322  
Farmville, VA 23901  
434/392-4246 Fax: 434/392-4734  
E-mail: jebowen1@vt.edu  
[www.ext.vt.edu](http://www.ext.vt.edu)

August 16, 2010

TO: Prince Edward 4-H Members, Parents, and Supporters  
Prince Edward County Families


FR:   
Jennifer Bowen, Extension Agent, 4-H Youth Development



RE: Local 4-H Programs

As we wrap up summer 4-H programs, we are busy planning for fall. Last year, our Prince Edward 4-H program grew to include **798 members** and **68 adult and teen volunteer leaders**. Our members completed **1,030 projects**. We had the largest summer camping program in recent memory, taking **130 campers, teens, and volunteers** to Junior 4-H Camp at Holiday Lake 4-H Educational Center. We want to continue that growth as we move into a new school year and new 4-H year. Prince Edward 4-H offers programs for youth ages 5 – 19 and numerous opportunities for adults to volunteer. **Read on to find out how 4-H is for you!**

## Summer 2010

	<p><b>Junior 4-H Camp:</b> Campers learn the basics of archery at 4-H Camp. Campers chose 4 classes daily and participated in hands-on afternoon learning opportunities.</p> <p><b>Cloverbud Summer Experience:</b> Campers learned about habitats during a visit from the Wildlife Center of Virginia.</p>	
	<p><b>Between the Pages:</b> Campers made owl faces for snacks on the day they read the book Owl Moon. Snacks, crafts, and games all centered around the day's story.</p> <p><b>Cloverbud Camp:</b> A group photo of Prince Edward's Cloverbud Campers. This weekend program introduces youth to the residential 4-H camping experience.</p>	

[www.ext.vt.edu](http://www.ext.vt.edu)

Extension is a joint program of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and state and local governments.

Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status. An equal opportunity/affirmative action employer.

## Upcoming Opportunities to Participate in 4-H

### In-School 4-H Programs

- Each year, Prince Edward 4-H works with fourth grade students at **PECES** through monthly in-school 4-H Club meetings. Students elect officers and run their meetings using parliamentary procedure. The program portion of each meeting is dedicated to science enrichment. Each activity supports the science SOL that is being studied that month. Each spring, students have the opportunity to participate in the 4-H Presentations Contest. Each child is required to give a demonstration to his or her class. Volunteers judge the presentations and each participant receives a ribbon. Purple ribbon winners are invited to participate in the Central District 4-H Presentations and Public Speaking Contest in Appomattox each April.
- Six and seventh graders at **PECMS** will again participate in the 4-H Science Fair program. Each student receives a science fair project booklet with information on the scientific method and instructions on how to conduct an experiment. Students submit proposals to their science teachers and work with the Extension Agent each month as projects progress. Judging takes place in March, with winners invited to participate in the district contest in April.



### Enrichment Opportunities for Schools, Families, and Home School Groups

- Prince Edward 4-H can provide materials, curriculum, and training for teachers and families who would like to hatch chicks through the **4-H Embryology** program. We will provide fertilized white leghorn eggs (through a donation by Brickland Hatchery), an incubator, a brooder for newly hatched chicks, and a copy of the Beginning of Life curriculum. We will also assist participants in finding homes for chicks. This program is offered free of charge to classroom teachers and home school groups. For individual families wishing to hatch chicks, there is a \$10 fee for participation to help cover the cost of materials.
- Prince Edward 4-H can also offer **GPS workshops** for classes and small groups. We have two GPS group kits containing multiple GPS receivers. There is a basic kit containing Garmin etrex units and an advanced kit containing Garmin Venture units. Participants learn the basics of the global positioning system through hands-on activities. We can also introduce participants to **geocaching** – a high tech treasure hunt using GPS technology.
- **Agriculture Awareness Day** is offered each year to 4<sup>th</sup> grade students from PECES and 4<sup>th</sup>/5<sup>th</sup> grade students at Fuqua School. This field day allows students to see animals, farm, and forest products that are vital to our county's economy. Participants meet local farmers, gardeners, and ag professionals who staff the event. Usually offered in October, this program is also open to home school groups. Group leaders should contact the Extension Office at 392-4246 for more information.
- Prince Edward 4-H would be happy to offer **science enrichment activities for home school groups** similar to our 4<sup>th</sup> grade program at PECES. Topics include phases of the moon, weather, habitats, energy, and more. Contact the Extension Office to discuss the opportunities.



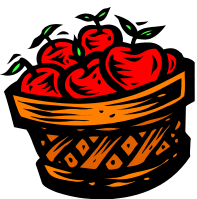
To register for upcoming programs, please use the registration form attached.

## After School 4-H Programs

- **Fun with Foods** is our popular after-school cooking class for youth ages 9 – 13. Participants learn to read and follow a recipe while making a dish to take home. Cost for the series is \$36 to cover food and supplies. *Maximum number of participants is 20.* Classes are held in the Prince Edward Extension Office Conference Room from 3:30 – 5:00 p.m. on the following dates:
  - October 1
  - November 5
  - December 3
  - January 7
  - February 11
  - March 4
- **Cooking with Cloverbuds** is an after-school program for youth ages 5 – 8. Similar to Fun with Foods, participants learn through hands-on experience in the kitchen. Cost is \$24 for the series to cover food and supplies. Last year, Cooking with Cloverbuds filled quickly and we had a long waiting list. This year, we are offering the program in two sessions in order to accommodate more participants. Participants sign up for the Monday series or the Friday series. *Maximum number of participants in each series is 10.* Classes are held in the Prince Edward Extension Office Conference Room from 3:30 – 5:00 p.m. on the following dates:
  - **Monday series**
    - November 22
    - December 13
    - January 24
    - February 28
  - **Friday series**
    - November 19
    - December 10
    - January 14
    - February 18

**Notes from Jennifer:** *This year in both programs we will focus on using fresh, local foods whenever possible. As past participants remember, Patsy Pelland and I always worked together to offer these cooking classes. Patsy retired on July 1<sup>st</sup> of this year. We will miss her terribly, but we will carry on – hopefully with lots of parental support. **Parent volunteers are needed to assist with all sessions.** If you are available to help, even if it is just for one class, please let us know. Thanks!*

- **SPECIAL PROGRAM: FROM BUSHEL TO BREAKFAST TABLE**



- Prince Edward 4-H is partnering with the Prince Edward County Cannery for a special after school program on Tuesday, September 7<sup>th</sup>. Youth will meet from 4:00 – 6:00 p.m. at the cannery for an **applesauce making workshop**. All materials are provided. Lena Huddleston, Cannery Manager, will walk participants through the hands-on process of making applesauce from a bushel of fresh apples. Each participant will have a quart of applesauce to take home at the end of the program. Prince Edward 4-H is offering this program free of charge, but space is limited. Parents are invited to participate. Call the Extension Office at 392-4246 for details.

## Join a Local 4-H Club

- Prince Edward 4-H has two horse clubs that are led by dedicated adult volunteers. For more information on joining a horse club, please contact the Extension Office at 392-4246.

Congratulations and best of luck to the following horse club members who will be participating in the State 4-H Horse Show in Lexington in September:

From the **Riding Star 4-H Horse and Pony Club** led by Cathy Duker:

Courtney Bailey  
Bailey Carkenord  
Synsorae Jackson  
Denise Kennon  
Dawn Polsinello

Katharine Schneider  
Rachael Watts  
Anna Welch  
Hayley West

From the **Heartland Snaffles and Spurs** led by Larr Williams and Amy Stewart:

Autumn Barton  
Amber Sandridge  
Gracie Talbert  
Cassidy Vanderpool

- The **Animal Lovers-R-Us** 4-H Animal Science Club is open to all youth, ages 5 and older, with an interest in animals. Animal ownership is not required. This club, led by Diane Giliberti, focuses on a different species each month. Members select a project to work on throughout the year. Professionals, youth, and animal enthusiasts are often invited to come in and give presentations to club members. Educational field trips are also planned throughout the year. This club will have a fall organizational meeting on Thursday, September 9<sup>th</sup> at 7:00 p.m. in the Extension Office Conference Room. For more information, please contact the Extension Office or Diane Giliberti at 223-2792.
- The **Kids-4-Kids 5 County 4-H Goat Club** will hold a fall organizational meeting on Monday, September 13<sup>th</sup> at 7:00 p.m. in the Prince Edward Extension Office Conference Room. This club, also led by Diane Giliberti, focuses primarily on dairy goats, but all youth with an interest in goats are invited to attend. The club members participate in educational programs and field trips throughout the year. For more information, please contact the Extension Office or Diane Giliberti at 223-2792.
- The **Prince Edward 4-H Air Rifle Club** is led by Dr. Dan Kingsley. Focusing on safety and basic marksmanship skills, this club is open to youth ages 11 and older with some riflery experience. Meetings are held on Saturday mornings, usually twice a month, at the Extension Office. For more information, please contact the Extension Office at 392-4246.
- The **Buckingham, Charlotte, Prince Edward 4-H Teen Club** focuses on the development of leadership skills through community service. Meetings are usually held on Friday evenings, with members giving direction to the club's work for the year. Last year, members organized a Parents' Night Out program as a fundraiser for a young girl with cancer. For more information on this club, please contact the Extension Office at 392-4246.



**Start your own 4-H Club.** *Our local 4-H program cannot grow without the assistance of dedicated adult volunteers. Do you have an interest or a talent that you would like to share with youth in your community? Were you a member of a 4-H Community Club as a child? Do you have a few hours a month to volunteer? If you answered yes to any of these questions, please contact the Extension Office to discuss the possibilities.*

## Save the Dates

- 4-H'ers shouldn't miss the opportunity to enter exhibits in the **Five County Fair, September 24 – October 2, 2010**. Youth can enter their livestock projects, baked goods, or handicrafts. There is also a poster contest for youth. Please stop by the Extension Office to pick up your fair books and entry tickets.
- Visit the annual **Farm and Family Day** on **Saturday, September 11<sup>th</sup>** at the Southern Piedmont AREC in Blackstone. Have fun in a family atmosphere while learning about Virginia's largest and oldest industry, AGRICULTURE. Test your navigating skills in the corn maze. Express your artistic abilities with grain art and pine cone bird feeders. See sheep, goats, cows, chickens, and alpacas. Milk a cow. Hold a live fish. Learn how bees make honey and about spinning yarn. See what we make from peanuts, soybeans, corn, wheat, and cotton. Lunch will be available.
- **Progressive Agriculture Farm Safety Day** will be held on **Saturday, October 16<sup>th</sup>** at the Five County Fairgrounds. Details and registration information will soon be available at the Extension Office.



- **Learn to crochet with 4-H**. We are working to put together a program to teach youth to crochet. This is tentatively scheduled for **Monday, October 11<sup>th</sup>**. This is a day off for Prince Edward students. More details to come soon. Please contact the Extension Office at 392-4246 if you are interested.
- Prince Edward 4-H will hold its annual **BBQ Fundraiser** on **November 12**. Bobby Long will prepare minced pork bbq and grilled chicken halves. Order form follows. All proceeds benefit local 4-H programs.

## Upcoming Programs at Holiday Lake 4-H Educational Center

- The 4-H Center is **raffling a traditional flintlock rifle**. The rifle is a Pennsylvania style valued at \$1300. Drawing is October 19<sup>th</sup>. Tickets are \$20 each. Only 300 are being sold. Stop by the Prince Edward Extension Office to purchase a ticket. There is also a **benefit trail ride** planned at the Center November 5-7. See the website at [www.holidaylake4h.com](http://www.holidaylake4h.com) for details. All proceeds benefit the 4-H Center.
- The annual fall **Teen Retreat** is scheduled for September 25 – 26<sup>th</sup>. Registration forms are available online or at the Extension Office.



- The Center is offering a series of classes and programs for adults and families. These include **Hunter Skills Weekend** in October, a **banjo building** workshop, **duck decoy carving** workshop, and a **mandolin building** workshop. Details on these and all upcoming programs may be found on the website: [www.holidaylake4h.com](http://www.holidaylake4h.com)

## Call For Volunteers

Prince Edward 4-H relies on volunteers to help our program grow. Volunteers are needed to assist with all after school programs. There are also opportunities to volunteer with in-school programs: judges are needed for the science fair and for 4<sup>th</sup> grade presentations contests. We could also use volunteers to assist with science fair instruction for 7<sup>th</sup> graders. Volunteers are needed to lead new after school programs and clubs. Training is provided. Call the Extension Office at 392-4246 to discuss the possibilities.

## Support Your Local 4-H Program

Prince Edward 4-H will have minced pork barbecue by the pound and grilled chicken halves for sale on **Friday, November 12<sup>th</sup>** at the Extension Office. Bring home a delicious dinner and support 4-H youth development!

*Proceeds support 4-H in-school, after-school, and summer programming and provide scholarships for youth to participate in local, regional, and state 4-H programs.*

✂

### ORDER FORM

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

I would like \_\_\_\_\_ pounds of BBQ at \$8 per pound.

I would like \_\_\_\_\_ chicken halves at \$4 each.

Total due PRINCE EDWARD 4-H FUND: \_\_\_\_\_

Orders should be prepaid. Please return to Prince Edward Extension Office, P.O. Box 322, Farmville, VA 23901. Make checks payable to Prince Edward 4-H Fund.

Food will be available for pick-up from 4:00 – 6:30 on November 12<sup>th</sup>.



*We appreciate your support!*

## Prince Edward 4-H Registration Form – Fall 2010 Programs

<b>Parent/Guardian Name</b>	
<b>Address</b>	
<b>Daytime Phone</b>	
<b>e-mail address</b>	

**I would like to register my child(ren) for the following program(s):**

\_\_\_\_\_ Fun with Foods (ages 9 – 13)

Name and age of Participant(s): \_\_\_\_\_

\_\_\_\_\_ Cooking with Cloverbuds **Monday** series(ages 5 – 8)

Name and age of Participant(s): \_\_\_\_\_

\_\_\_\_\_ Cooking with Cloverbuds **Friday** series(ages 5 – 8)

Name and age of Participant(s): \_\_\_\_\_

\_\_\_\_\_ Bushel to Breakfast Table Applesauce Making Workshop (ages 9 and older)

Name and age of Participant(s): \_\_\_\_\_

Space is limited. All programs are filled on a first-come, first-served basis.

For information on joining a 4-H Club or participating in any other programs listed in this newsletter, please contact the Extension Office at 392-4246.

A packet of information will be mailed to each participant as the date of the program approaches. This packet will include a 4-H Member Enrollment Form, Code of Conduct, and Health History Form.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Jennifer Bowen, Prince Edward Extension Office at (434)392-4246/TDD\* during business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 5 days prior to the event. \*TDD number is (800) 828-1120.

**Please return this form to VCE – Prince Edward, P.O. Box 322, Farmville, VA 23901, e-mail to [Jebowen1@vt.edu](mailto:Jebowen1@vt.edu), or fax to 392-4734. Program fees are due on or before the first day of participation. Checks should be made payable to VCE – Prince Edward.**